



CLOCH HOUSING ASSOCIATION WELLBEING WALKS – DATES AND TIMES



Following lots of contact regarding the Wednesday Wellbeing Walks, the times of the Wednesday Walks have been changed to **12:15 pm each week** to accommodate others who would like to attend.

To help plan ahead, a schedule of the remaining 15 walks has been put together and are listed below.

DATE	STARTING POINT (12:15 pm)
Wednesday 11 th February	Greenock Esplanade – opposite Old West Kirk
Wednesday 18 th February	Coronation Park, PG – starting at PG Health Centre
Wednesday 25 th February	Battery Park – Entrance at Junction with Newark St.
Wednesday 4 th March	The Beacon, Greenock
Wednesday 11 th March	Greenock Esplanade – opposite Old West Kirk
Wednesday 18 th March	Coronation Park, PG – starting at PG Health Centre
Wednesday 25 th March	Battery Park – Entrance at Junction with Newark St.
Wednesday 1 st April	The Beacon, Greenock
Wednesday 8 th April	Greenock Esplanade – opposite Old West Kirk
Wednesday 15 th April	Coronation Park, PG – starting at PG Health Centre
Wednesday 22 nd April	Battery Park – Entrance at Junction with Newark St.
Wednesday 29 th April	The Beacon, Greenock
Wednesday 6 th May	Greenock Esplanade – opposite Old West Kirk
Wednesday 13 th May	Coronation Park, PG – starting at PG Health Centre
Wednesday 20 th May	Battery Park – Entrance at Junction with Newark St.
Wednesday 27 th May	Wellpark, Greenock, then back to Cloch's offices to celebrate with tea/coffee and cake!



SUPPORTING
RNID Supporting people
who are deaf, have
hearing loss or tinnitus