



Summer 2025

# Your Cloch

The Official Newsletter of Cloch Housing Association

## AGM - SAVE THE DATE

Cloch is pleased to announce that our **Annual General Meeting (AGM)** will take place on **Tuesday, 23 September 2025**, at the **Beacon Arts Centre** in Greenock.

This important event is a key opportunity for our members to:

- Review our financial performance
- Elect members to the Management Committee
- Ask questions and engage with the Leadership team
- Hear about our achievements over the past year

We encourage all members to attend and take part in shaping the future of Cloch. Your voice matters, and your participation helps strengthen our community.

**An 'early notification' letter has already been sent to all members. The time and full agenda details will follow shortly.**

Please mark your calendars and stay tuned for more information in the coming weeks.

Welcome to Cloch Housing



**Are you interested in becoming a member?**  
Please read our article on how you can join, on page 2.



## WHAT'S INSIDE:

PLANNED  
MAINTENANCE  
UPDATE **P3**

GALA DAY  
RECAP **P8**

SHARE  
AWARDS  
SUCCESS **P10**

# BECOME A MEMBER

Cloch members come from all walks of life — including tenants, homeowners, and others with an interest in housing or improving their local community.

Although our services are delivered by staff and overseen by a voluntary Board, Cloch is ultimately run by its members. As a member, you'll be invited to attend our Annual General Meeting (AGM) every September, where you can hear the latest updates about the Association, meet Board members and staff, and be entered into our annual prize draws. Refreshments are always provided — and are very popular!

Members also have the opportunity to join the Board or the Customer Advisory Panel (CAP), helping to shape the work and direction of Cloch.

Lifelong membership costs just £1. For every £1 we receive in membership fees, we will match it with a donation to our charity fund, which supports a variety of good causes.

If you're interested in becoming a member, please email [corporate@clochhousing.org.uk](mailto:corporate@clochhousing.org.uk) to request an application form.



## Customer Advisory Panel:



## A Year of Progress and Purpose

Since it was set up in August 2024, Cloch's Customer Advisory Panel (CAP) has made great progress in involving tenants more closely in shaping the services they receive. The panel was created to give tenants and customers a stronger voice. It works independently to review our performance, give feedback, and suggest improvements that help shape policies and services.

The panel has eight members from a mix of housing backgrounds. They were officially welcomed at their first meeting on 13 August 2024. At this meeting, Ilene Campbell from the Tenant Information Service (TIS) provided training to help the panel understand their role and responsibilities.

One of the panel's first tasks was to work with Michael Monaghan, Director of Customer Services and Communities, and the Housing team to improve the rent consultation process. Together, they made it clearer, more open, and easier for tenants to take part in. The panel

also gave their views on ending the Garden Tidy Scheme, which was found to be unfair and not good value for money.

This year, the panel has focused on homelessness—an urgent issue during Scotland's housing crisis. After Inverclyde Council decided to close the Inverclyde Centre, the panel visited the site and learned how homelessness services are being redesigned to better support local people. They also visited the Practice Pad, a new project that helps care-experienced young people learn practical life skills before moving into their own homes. To deepen their understanding, the panel also visited Women's Aid to learn more about how homelessness can affect people at different stages of life.

The panel's knowledge and confidence continue to grow. Looking ahead, they will focus on Value for Money—ensuring services are fair and making a real difference across the Cloch community.

We're proud of everything the panel has achieved so far and thankful for their commitment to helping build a better future in housing for everyone.



# PLANNED MAINTENANCE UPDATE

We're pleased to share an update on our **Planned Maintenance Programme for 2025/2026**. At Cloch, we remain committed to maintaining and improving our homes. As part of our asset management strategy, we have a planned programme of works scheduled for 2025/2026, with an estimated investment of **£4 million**.



## Kitchen Replacements

Since February 2025, **CCG** has been on site carrying out kitchen replacements, benefiting **60 properties**. The programme was a success, with an overall customer satisfaction rate of **88%**.

**What our customers said about their new kitchens:**

- "Thank you, it's beautiful."
- "Excellent installation."

## Boiler/Heating Replacements

We recently procured a **two-year contract** for boiler and full heating system replacements.

- **Year 1** is now complete, with **132 new boilers** installed.
- **Year 2** is currently underway and is expected to be completed by **August 2025**.



## Remaining Planned Works for 2025/2026

| Works                       | Number of Properties | Estimated Start Date |
|-----------------------------|----------------------|----------------------|
| Bathrooms                   | 294                  | August 2025          |
| Windows                     | 139                  | November 2025        |
| House & Flat Entrance Doors | 116                  | November 2025        |
| Common Close Lighting       | 43 blocks            | September 2025       |

If your home is included in any of the above programmes, you will receive a letter once the contract has been awarded. This will include a timescale and details of when to expect an appointment for us to survey your home.

# AI AND SCAMS:

STAYING  
SAFE IN A  
DIGITAL  
WORLD

Artificial Intelligence (AI) is changing the way we live—making everyday tasks easier, faster, and more convenient. But while AI brings many benefits, it's also being used by scammers in increasingly clever and convincing ways.

## The New Face of Scams

Gone are the days of obvious scam emails full of spelling mistakes. Today's fraudsters are using AI to create fake voices, videos, and messages that look and sound incredibly real. They can mimic a loved one's voice, impersonate your bank, or even build websites that look identical to trusted services.

One growing threat is voice cloning. With just a few seconds of audio, scammers can generate a convincing imitation of someone you know—then call you asking for urgent help or money. Others use deepfake videos to show celebrities endorsing fake products or investments. AI-written emails and texts can now be so polished, they're almost indistinguishable from the real thing.

## Who's at Risk?

The short answer: everyone. But older adults are often targeted more frequently, especially those who may be less familiar with digital technology. Romance scams, for example, have been on the rise, with some victims losing thousands of pounds to fraudsters posing as potential partners online.

## Technology Is Fighting Back

It's not all bad news—AI is also being used to fight scams. Banks and phone providers are using smart systems to detect and block suspicious activity. Some services even use AI to waste scammers' time, protecting others in the process.

While scams are becoming more sophisticated, knowing

## Simple Ways to Protect Yourself

The good news is that a few simple habits can go a long way in keeping you safe:

- ✓ **Pause before you act:** If you get a message or call that feels urgent or emotional, take a moment. Scammers often try to rush you.
- ✓ **Verify the source:** Don't trust caller ID or email addresses at face value. If in doubt, contact the person or company directly using a number or website you know is real.
- ✓ **Use a family code word:** Agree on a word or phrase only your family knows. If someone calls pretending to be a loved one, ask for the code.
- ✓ **Be cautious with links:** Don't click on links in unexpected messages. They could lead to fake websites designed to steal your information.
- ✓ **Report anything suspicious:** If something doesn't feel right, trust your instincts. Contact your bank, report it to Action Fraud, or speak to someone you trust.

what to look out for can make a big difference. Staying alert, asking questions, and taking a moment to double-check can help you avoid falling victim. And remember, you're not alone—if something doesn't feel right, it's always okay to talk it through with someone you trust or reach out to us at Cloch. We're here to help.



# The Anchor: a lifeline of hope in our community

By Guest Writer Chris Paul, Founder & Chief Executive, The Anchor SCIO

I started this charity back in 2020 because I knew deep down something had to change. Like so many people in Inverclyde, I've lost people close to me to suicide. I've had family members who've thought about ending their own lives. I've sat with them through long, heavy nights, desperate to help them see tomorrow.

That's why we exist – to make sure nobody in our community ever feels like they've run out of reasons to keep going, or that no one would care if they were gone.

When we first started, we were called *Man On! Inverclyde*. Our roots were all about tackling male suicide. But the heart of our mission has always been bigger than that – it's about standing with anyone on the edges, whoever they are. That's why we rebranded to *The Anchor*. It's more than a name. It's about being the place that can hold our whole community safe in any storm.

Our roots are still the same. We're still passionate about suicide prevention, still grassroots, still raising every penny ourselves through grants and fundraising. As of March 2025, we spent £390,000 in a financial year to keep our services flowing – that's roughly £1,068 a day – just to keep our doors open and our lifelines running.

## How we work – and why it matters

At The Anchor, we run on an open-door model. No waiting lists. No endless assessments. If someone needs us, we're here.

Our team are trained in the *Pathway for Assisting Life* model, but more importantly, we ask them to show up as themselves – to be genuine, compassionate, and real. Because at the end of the day, it's relationships that save people's lives, not clipboards, fancy scores or ticking boxes.

It's how people are made to feel that truly matters – being seen, heard, and cared for. And we do that very well. Hundreds of safe plans have been created and ended positively because of our team. There are people alive in Inverclyde today because someone from The Anchor sat with them and helped them see tomorrow. That's what gets us out of bed every morning – to do it all again.

## Building a community of caregivers

We're also determined to build a community that knows how to help. That's why we deliver ASIST (Applied Suicide Intervention Skills Training) across Inverclyde. Over 100 local people are now trained to be suicide prevention caregivers – equipped with the skills and confidence to support someone at risk and help keep them safe. It's a game changer for our community. The more people who can step in and hold hope for someone else, the stronger and safer we all become.

## The bigger picture – and why we keep going

Scotland still faces a devastating reality. Around 700 people die by suicide every year, with thousands more struggling quietly. Inverclyde has lost far too many people to suicide.

But we're seeing change. Since we started, the suicide rate in Inverclyde has actually halved. That's huge. It's not down to us alone – it's thanks to local health teams, schools, housing groups, community organisations, neighbours and volunteers all refusing to give up on people. I'm proud that The Anchor is part of that incredible effort. For every life lost, it leaves behind a family devastated, so our work will continue to be urgent.

We work with young people and families battling self-harm, suicide thoughts, trauma, pressures, and the heavy weight of life. We're there for adults who are lonely or in crisis, people who often have nowhere else to turn.



## We're just getting started

We're growing new work around suicide prevention, emotional support in schools, gender-based violence, autism-friendly spaces, and trauma-responsive community outreach. We're starting more peer groups and support for families. Always looking for ways to walk alongside people when they're struggling the most.

We're not finished. We're only getting started on a mission to make Inverclyde the very best version of itself it can be.

## Why I share this

I tell this story because it's personal. It's raw and it's real. If we all stay silent about suicide, more people will start believing they're a burden, that no one would miss them. I want anyone reading this to know – you matter, you're not alone, and there is help.

We're so grateful to Cloch Housing Association and your tenants for believing in what we do, fundraising for us, and cheering us on. It honestly means the world.

If you're ever worried about yourself or someone you care about, please don't sit with it alone. Call Samaritans on 116 123 or reach out to us at The Anchor at 30 Nelson Street, Greenock or visit any of our social's pages.

From my heart to yours, thank you for helping us keep our community anchored, no matter how rough the waters get.

On the next page, discover how Cloch supported The Anchor at this year's Kiltwalk



# Cloch Completes Kilt Walk to Support 'The Anchor'

We are thrilled to share that our team took part in this year's Kilt Walk, completing the Big Stroll from Clydebank to Balloch — an impressive 14-mile journey. This event was organised to raise funds for **The Anchor** (formerly *Man On Inverclyde*), a vital organisation providing essential services and support to the Inverclyde community.

## About The Anchor

The Anchor is a lifeline for many in Inverclyde, offering crucial mental health support and suicide prevention services. Originally established as *Man On Inverclyde* in 2020, the charity has since rebranded to reflect its inclusive support for all genders and families. The Anchor provides access to information, training, peer support groups, therapies, and other opportunities to help individuals develop coping strategies and lead fulfilling lives. Read the Community Spotlight in which Chris Paul, Founder & Chief Executive, The Anchor SCIO, provides more information on this fantastic charity.

## About the Kilt Walk

The Kilt Walk is Scotland's largest and most inclusive fundraising event, enabling participants to raise money for their chosen charities. With various routes and distances, it offers something for everyone — from seasoned walkers to families. All funds raised go directly to the chosen charity, along with eligible Gift Aid, making it a highly effective way to support important causes.

## Our Journey

Our team, made up of staff and family members from Cloch, began the walk at 10:40 AM on Saturday and completed it around 3:00 PM, covering over 30,000 steps. Despite a light drizzle for most of the day, the walk was enjoyable, with several pit stops for breaks, drinks, and snacks. Tom led the way and was the first in the team to complete the Kilt Walk. After finishing, the group stayed for a few drinks, caught up on how everyone had done, and enjoyed some live music provided by the Kilt Walk before heading home.



**A HUGE  
THANK  
YOU**

We are proud to have raised an amazing **£2,188.50**, including Gift Aid, in support of the crucial work The Anchor does in our community. A huge well done to our team for taking on this challenge, and a massive thank you to everyone who contributed to making this fundraiser such a success. We truly appreciate your support.



# Cloch Cup 2025:

## Celebrating Community, Teamwork and Young Talent



We were thrilled to host our second annual **Cloch Cup** on 30 May at Notre Dame High School, in partnership with **Inverclyde Council** and **sportscotland's Active Schools** programme.

All primary schools across Inverclyde were invited to take part, and an impressive 17 schools joined us for the day. Just like last year's exciting tournament—where St Joseph's Primary School took home the trophy—this year's event was another unforgettable celebration of football, community spirit, and youthful energy.

This time, it was the brilliant **All Saints Primary** who stole the show with an outstanding performance, winning the coveted Cloch Cup!

**Head Teacher Lesley McCabe** shared her thoughts:

"The Cloch Cup was a fantastic experience for our pupils, giving them the exciting opportunity to proudly represent All Saints at a local Housing Association football tournament. The competition was fierce, but our children rose to the challenge, displaying excellent sportsmanship and skill throughout the matches. Witnessing such high-quality football – and the joy of lifting the Cloch Cup – was truly special. It's a memory that will stay with them for years to come. We hope this brilliant event continues for many more seasons!"

An **Inverclyde Council spokesperson** also expressed their appreciation:

"We'd like to thank Cloch Housing Association for their continued support of the primary schools' football tournament, the Cloch Cup. Last year's event was such a success, and this was another fantastic tournament."

**Michael Monaghan**, Director of Customer Services and Communities at Cloch, added: "At Cloch, we believe our role goes far beyond bricks and mortar. We're committed to building stronger, more connected communities. Over the past year, our Customer Involvement Team has delivered a vibrant and inclusive programme of events to help people feel a sense of belonging and to reinforce Cloch's role as a trusted community anchor."

"The return of the Cloch Cup for its second year was another standout moment. Delivered in partnership with Inverclyde Council and Active Schools, we brought together over 170 future football stars from local primary schools. The event was a huge success, celebrating fun, fitness, friendship, and local pride. Congratulations to All Saints Primary School on their well-earned victory, edging out Inverkip Primary in a thrilling final. But in our eyes, every child was a winner."

We're especially grateful to this year's **Cloch Cup sponsor, CCG (Scotland) Ltd**, whose generous support made the day possible. Their funding covered transport for all participants, ensuring that everyone who wanted to attend could—an incredible gesture that truly reflects the spirit of community partnership we value so highly.

The young footballers came together for a day full of excitement, teamwork, and sportsmanship. Every child went home with a medal and a Cloch water bottle—and most importantly, memories to last a lifetime.

A huge thank you once again to **Inverclyde Council, Active Schools**, and **CCG (Scotland) Ltd** for helping make this event such a success.

**We're proud to build stronger communities—one kick at a time!**



# AFTER LAST YEAR'S SUCCESS... WE KNEW WE HAD TO GO ONE BETTER – AND WE DID



This year's **Cloch Gala Day** was everything we hoped for – and more! Building on the fantastic success of last year, we set out to make this one even **bigger, better, and brighter** – and judging by the smiles, laughter, and fun all around, we absolutely nailed it.

From the moment the gates opened, the atmosphere was electric. Our **large inflatables** were a massive hit with younger tenants, with the **Bouncy Castle, Gladiator Duel, Sticky Wall, Penalty Shootout, and Archery** offering endless excitement. Also, the ever-popular petting zoo returned, delighting animal lovers of all ages with its mix of furry, scaly, and creepy-crawly friends.

No Gala would be complete without **face painters** – and we had not one, but two! We were also thrilled to welcome our local **Police and Fire Brigade**, who spent time chatting with tenants and helping to build those all-important community connections.

We were proud to be joined by some of our valued partners, who offered advice and support throughout the day:

- **Financial Fitness**
- **Community Links**
- **PH Jones** (who've recently installed brand-new boilers in many of our homes!)

Each of these organisations plays a vital role in encouraging creativity, learning, and social connection within our community.

After joining us at Christmas for the **CX Dinner**, we were delighted to welcome back magician **Billy Reid**. Billy wowed the crowd with his mind-blowing card tricks and brilliant audience interaction. We're still wondering how he does it!

**Active Schools** brought the energy outdoors, getting kids (and even a few grown-ups!) involved in a range of sports –

with football, of course, stealing the show as always here on the west coast!

And what's a Gala without some tasty treats? We served up **free refreshments** including pizza, hot dogs, slushies – and new for this year – **candy floss** for that true festival feel. A big shoutout to **Purdies**, who joined us to sell their delicious homemade goodies. We'll be back for more!

Michael Monaghan from Cloch Housing Association shared:

"At Cloch, our Summer Gala is one of our highlights of the year. It's a chance for families to come together, for neighbours to connect, and for us to build stronger relationships with the people we serve. These events are about more than just fun – they're about creating a sense of belonging and showing that we're here, not just as a landlord, but as a partner in the community."

"We're incredibly grateful to Caledonian Maintenance Services for their generous support in helping us make the day possible. Their backing means we can offer something really special for local families. We're also proud to work alongside fantastic local organisations and services – from the Fire Service and Police, to our regular partners at Active Schools and other valued independent community groups who brought so much to today's event. These partnerships are vital in helping us support and strengthen the communities we're part of."

"We're excited to keep building on this momentum, with more opportunities ahead to connect, collaborate, and celebrate everything that makes our community thrive."

At Cloch, we absolutely **LOVED** this year's Gala. Spending time with our tenants in such a fun, relaxed setting is what we're all about. It's days like these that bring us closer together as a community.

So, the big question is... how do we top this next year?

Stay tuned, Clochies – we're already working on it!



# Taking Pride in Our Shared Spaces

At Cloch, we believe that a well-kept environment is something everyone can take pride in. Whether it's your own garden, the bin area, or shared communal spaces, a little care goes a long way in creating a place we're all proud to call home.

We know life gets busy, and it can be a challenge to keep on top of everything. But small efforts — like cutting the grass and hedges in your garden, making sure bins are used properly, and picking up after pets — can make a big difference. These actions help keep our neighbourhoods clean, safe, and welcoming for everyone.

Communal areas are shared by all tenants and maintaining them is a shared responsibility. When everyone does their bit, it creates a more pleasant space for neighbours to enjoy and helps avoid issues such as pests, unpleasant smells, or safety hazards.

If you're struggling to manage your garden or need help with waste disposal, please don't hesitate to get in touch. We're here to support you and can offer advice or signpost you to local services that can help.

Let's continue to build a community where everyone feels respected and valued. A tidy, cared-for environment benefits us all — and it starts with each of us doing our part.

**Thank you for helping make  
Inverclyde a great place to live!**







# Young Talent Driving Digital Innovation in Scotland's Housing Sector

Cloch is proud to highlight the remarkable journey of **Josh Garner**, a 20-year-old digital apprentice whose contributions are helping to shape the future of housing in Scotland.

Josh joined Cloch in 2022 after winning **Inverclyde Council's version of The Apprentice** at just 17 years old. Since then, he has progressed rapidly completing a **Modern Apprenticeship in IT** and now undertaking a **Graduate Apprenticeship in Cyber Security**. His work has already made a significant impact, including the development of a **SharePoint communications hub** that has streamlined internal operations.

Beyond his technical achievements, Josh has shown a strong commitment to **community engagement**. He led a **Digital Inclusion Project** at a local

sheltered housing complex, helping older tenants build digital confidence—from online shopping and fraud awareness to using digital tools for entertainment and staying connected.

Josh is also actively involved in shaping the future of the sector. He contributes to Cloch's **Wellbeing, Pension, and Customer Involvement** groups, and has co-authored articles for *Scottish Housing News*. His wider sector engagement includes **co-presenting at the SHARE Inspiring Leadership Conference** and supporting IT diagnostics for other housing associations.

In recognition of his contributions, Josh was recently named **Rising Star of the Year** at the **SHARE Annual Conference Awards** in April 2025.

**Nicola Dillon** of **Bee Works**, who collaborates with Cloch through their **Investors in Young People** accreditation, commented:



"Josh's journey is living proof that when young people are given purpose, platforms, and trust, they rise. We don't just grow talent—we grow leaders."

Cloch continues to invest in young professionals and is proud to be supporting **four Graduate roles**, helping to develop talent and future leaders for the housing sector.



# STAFFING UPDATE

Since our Spring newsletter, we've said farewell to some colleagues who have moved on to pastures new, and we've welcomed several new team members.

After 10 years with Cloch, **David Burrows** (Property & Assets Manager) left us in March to take up the role of **Head of Property** at Ferguslie Park Housing Association. **Nicola Findlay**, Housing Manager, left in April to become **Housing Services Manager** at Thenue Housing Association, after an incredible **22 years** with Cloch.

We thank both David and Nicola for their dedication and commitment to Cloch and wish them every success in their new roles.

In May, **Michelle Donnelly** joined the Property Services team as **Property Manager**, bringing a wealth of skills, knowledge, and experience to the role, particularly from her time at Govan Housing Association.



We're also pleased to announce that **Gill McKay**, previously in Customer Support, has taken up the new role of **Customer Support Co-ordinator**. Gill has been with Cloch for 10 years and brings a deep understanding and knowledge of our tenant base, along with valuable expertise and a proven track record to this position.



Having joined us in May 2023 on a temporary basis, we're delighted to confirm that **Andrew Leith** has now secured the **permanent position** of Customer Support.



## Training

At Cloch, we value our employees and are proud to offer excellent learning, development, and training opportunities. The following staff members are currently undertaking professional or vocational training:

- **Liam McBride** – Graduate Apprentice (Finance – Accountancy)
- **Josh Garner** – Graduate Apprentice (IT – Cyber Security)
- **Natascha Miller** – Diploma in Housing Studies
- **Shelby Bryce** – Graduate Apprentice (Property – Business Management)
- **Ewan Barr** – Open University: Certificate in Business Management
- **David Quinn** – Open University: BA in Business Management
- **Carolyn Swinney** – Level 3 Foundation Certificate in People Practice

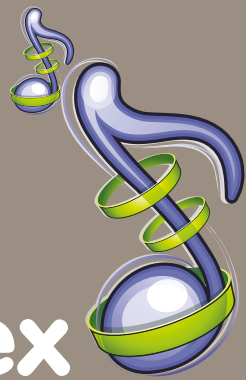
## Board Update

Following a successful recruitment process, we're delighted to welcome **four new Board members**, bringing us to our full complement of **12 members**.

A warm welcome to **Clair Malpas, Olufemi Okelade, Erin Kane, and Jane Cunningham**, each of whom brings a unique perspective to our Board. You can read some of their full biographies on our website



# Summer Sing-A-Long with Residents at Elliott Court Sheltered Housing Complex



Residents of Elliott Court Sheltered Housing Complex enjoyed their second Summer Sing-a-Long in the Common Room on Wednesday, 7 August 2025.

Songs from days gone by—such as Bring Me Sunshine, Is This the Way to Amarillo, and the ever-popular You Cannae Shove Yur Granny Aff a Bus—were sung with great joy and laughter throughout the afternoon.

The event was organised by our Community Support Team in collaboration with on-site warden Michelle Bell. Cloch's own Community Health & Wellbeing Officer, Patricia Broom, was on fine form as always, playing the organ, while Karen Pollock, Community Health & Wellbeing Assistant, helped keep everyone entertained and captured plenty of cheerful selfies from the day.

The afternoon concluded with tea and cream cakes, which everyone thoroughly enjoyed.

Residents were delighted to have the event return, as it helps foster engagement and connection within the complex. They've already booked their Christmas Carol Concert for Tuesday, 16 December.





# Strawberry Yoghurt Ice Lollies



These refreshing lollies are made with fresh strawberries, plain Greek yoghurt, honey, and granola — perfect for a summer breakfast or a healthy treat on a hot day.

## Ingredients

- **300g** fresh strawberries (hulled and halved)
- **120g** plain Greek yoghurt
- **1–2 tablespoons** honey (to taste)
- **Ice Lollies Layering**
- **Ice lolly mould**
- **Plain Greek yoghurt**
- **5 fresh strawberries** (hulled and sliced)
- **Granola** (optional, for topping)

## Instructions

1. Wash and hull all the strawberries. Slice 5 strawberries (and put aside for layering) and halve the remaining 300g.

### Make the Strawberry Layer

2. In a food processor, blend the halved strawberries with 120g of Greek yoghurt (keep the remaining for layering) and a drizzle of honey until smooth.

### Assembly

3. Add a spoonful of plain Greek yoghurt to the bottom of each ice lolly mould.
4. Place 3 strawberry slices into each mould.
5. Fill each mould with the strawberry mixture.
6. Top with another spoonful of plain Greek yoghurt and a sprinkle of granola.

Freeze for at least 3 hours — then enjoy!

Each ice lolly starts with a tangy Greek yogurt, followed by sweet strawberries and a touch of honey for great flavour. The granola is optional but gives it a nice crunch!

Not everyone loves Greek yogurt but by mixing in some honey this is a good way to sweeten it. Greek yogurt does have a great texture and is a bit thicker than other yogurts, however, you can substitute for a different thick yogurt that you do like.





# Creamy Chicken Pasta

This creamy chicken pasta is made extra simple thanks to a clever shortcut: shop-bought garlic and herb soft cheese. Just make sure to use a full-fat version to keep the sauce smooth and prevent it from splitting. The rich texture and flavour mean you don't need lots of extra ingredients.

## Ingredients

- 350g short pasta (such as penne or fusilli)
- 2 tbsp olive oil
- 1 leek, thinly sliced
- 1 garlic clove, finely chopped
- 2 chicken breast fillets, thinly sliced
- 150g leafy greens (such as kale or chard), chopped
- 150g full-fat garlic and herb cream cheese
- 50g Parmesan, grated
- Salt and freshly ground black pepper

## Method

- 1. Cook the pasta** in a large pan of boiling water until al dente (just tender). Drain, reserving 150ml of the cooking water.
- 2. Meanwhile**, heat the olive oil in a large frying pan. Add the leek, garlic, and chicken, and fry for 5 minutes, stirring regularly. Add the greens, season well with salt and pepper, and cook for another 5 minutes until softened.
- 3. Stir in the cream cheese** and let it melt into the mixture. Gradually add the reserved pasta water, stirring until the sauce is smooth and bubbling.
- 4. Add 35g of the Parmesan** and stir until melted. Tip in the cooked pasta and mix well to warm through. Taste and adjust the seasoning if needed.
- 5. Serve** the pasta divided between four plates, topped with the remaining Parmesan.



**CLOCH HOUSING ASSOCIATION LTD**  
19 Bogle Street, Greenock, PA15 1ER




**Tel:** 01475 783637  
**Email:** [office@clochhousing.org.uk](mailto:office@clochhousing.org.uk)  
**Website:** [www.clochhousing.org.uk](http://www.clochhousing.org.uk)  
**MyCloch:** [www.my.clochhousing.org.uk](http://www.my.clochhousing.org.uk)



Phone **01475 783637** during office hours.

Online Live Chat Facility at **[www.clochhousing.org.uk](http://www.clochhousing.org.uk)**

Pay your rent, report a non urgent repair or make a complaint using the Customer Portal at **[my.clochhousing.org.uk](http://my.clochhousing.org.uk)** (or find the link on the website).

Find us on , ,  **@Clochha**

Registered with the Scottish Housing Regulator in the Register of Housing Associations No HEP91  
Registered with the Financial Services Authority (No 1893 R(s)) • Registered with the Property Factor No. PF000171.  
A recognised Scottish charity Reg. No. SC013996 • A member of the Scottish Federation of Housing Associations